

**SPANISH – MARRIAGE PREPARATION  
PRE CANA & REMARRIAGE**  
To register call Digna at (407) 246-4882\_

Aug. 20, 2011    Nov. 19, 2011  
Jan. 28, 2012    Apr. 21, 2012  
June 30, 2012    Aug. 25, 2012  
November 17, 2012

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**BREVARD COUNTY PRE CANA**  
Saturdays at Our Saviour Parish,  
To register call (407) 246-4865

September 17, 2011

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**MARION COUNTY PRE CANA**  
Saturdays at Blessed Trinity - Ocala  
To register call (352) 629-8092

October 1, 2011  
February 4, 2012  
May 5, 2012  
October 6, 2012

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**POLK COUNTY PRE CANA**  
Saturdays at Resurrection Parish, Lakeland  
To register call (863) 646-3556

August 20, 2011    October 22, 2011  
April 21, 2012    August 18, 2012  
October 20, 2012

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**VOLUSIA COUNTY PRE CANA**  
Saturdays at St. Ann Parish, DeBary  
To register call (407) 246-4865

June 25, 2011    Aug 27, 2011  
October 22, 2011

**CONVALIDATION WORKSHOP (English)**  
**\*\*For couples civilly married for over 2 years.**  
To register call Sr. Virginia West at (407) 998-5657 or Sr. Patricia O'Malley (386) 574-2131

September 24, 2011  
January 21, 2012  
May 5, 2012

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**CONVALIDATION WORKSHOP (Spanish)**  
**\*\*For couples civilly married for over 2 years**  
to register call Digna Montañez at  
(407) 246-4882

Aug. 20, 2011    Nov. 19, 2011  
Jan. 28, 2012    Apr. 21, 2012  
June 30, 2012    Aug. 25, 2012  
November 17, 2012

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**Renovacion Conyugal Weekends**  
may be used in place of Spanish  
Convalidation if above dates are not  
convenient for Spanish Speaking Couples  
who have been married for over 2 years.  
Contact Digna Montañez at  
(407) 246-4882

[dmontanez@orlandodiocese.org](mailto:dmontanez@orlandodiocese.org)

June 24-26, 2011    Sept 16-18, 2011  
October 21-23, 2011    December 2-4, 2011

**\*\*Renovacion Conyugal II \*\* Enrichment  
Retreat October 15-16, 2011**

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**PRE CANA WEEKEND RETREAT**  
San Pedro Spiritual Center - Winter Park  
Friday 6:30 PM through Sunday 1:00 PM  
To register call (407) 246-4865

September 16-18, 2011    January 20-22, 2012  
May 18-20, 2012    September 14-16, 2012



## Marriage Preparation in the Catholic Diocese of Orlando

Marriage Preparation instituted within the Catholic Church in the nine county Areas (Brevard, Lake, Marion, Orange, Osceola, Polk, Seminole, Sumter and Volusia) of the Diocese of Orlando is a three phase process completed over a four to six month period. The goal of this process is to provide engaged couples with the skills needed to enhance their sacramental marriage and strengthen this indissoluble covenant to one another.

***This process is implemented by ordained priests and deacons, the staff of the office of Family Life and Pastoral Care, counselors and para-professional couples.***

The **first phase** is an assessment time at the parish of the engaged couple with a FOCCUS survey and follow up sessions. This survey, while not predictive of the future for this relationship, is indicative of what is happening presently with the couple and provides direction for discussion of the indicated differences. The administration of FOCCUS should be done prior to the second phase; follow up sessions may be completed after the second phase. The FOCCUS Inventory results including graph are placed in the Prenuptial/Marital File.

The **second phase** is completion of a Pre Cana Seminar, Engaged Couples Weekend or a Diocesan approved parish based preparation program. The approach is based on the significance of family as a system, the influence of our family of origin and the skills needed to maintain a successful marriage.

**PRE CANA:** an eight hour day or 3 evening session seminar including the following –

1. Faith enrichment: deepening the understanding of sacrament and covenant as foundation of marriage.
2. Communication skills: active listening, constructive conflict resolution and decision making techniques.
3. Financial management: budgeting, savings, credit management and goal setting.
4. Responsible parenting: focus is on recognizing styles of parenting and the importance of learning skills through parenting classes and resources in the community.
5. Recognizing healthy/unhealthy relationships: couples are provided with resources and information for assistance when/if needed.
6. Self awareness, human sexuality and natural family planning.

**PARENTING WORKSHOPS**

To register call Digna (407) 246-4882

Mar. 10, 2012      June 9, 2012  
October 13, 2012

**ENGAGED COUPLES WEEKEND**

**RETREAT:** A weekend program which covers the Pre Cana topics. In addition, couples learn a reflection and dialogue process, have an opportunity to practice these skills and also interact with other couples who share the same values.

**PARISH BASED PROGRAM:**

Covers the Pre Cana topics as well as introduces participants to parish life, its ministries and its people. This program encourages the RCIA model of community celebration of sacrament.

**REMARRIAGE PREPARTION:**

is required when there is any previous marriage (even if annulment has occurred) or there are children from a past relationship. This program covers the Pre Cana topics as well as blended family issues and step-parenting. The importance of positive co-parenting is discussed.

The **third phase** happens at the parish and involves individual sacramental preparation (personalized review and expansion of question 19 on Form A), the planning of the wedding ceremony including selection of reading and vows and completion of the paperwork.

Please feel free to call the Office of Family Life and Pastoral Care at (407) 246-4865 should you have any questions or concerns regarding marriage preparation.

**VIETNAMESE ENGAGED ENCOUNTERS**

St. Philip Phan Van Minh, Orlando  
For Information call (407) 896-4210

**PRE CANA ORLANDO AREA**

To register call (407) 246-4865

Programs are held on Saturdays every month in the Diocesan Chancery building.

June 18, 2011      Aug 13, 2011  
Sept. 10, 2011      Oct. 8, 2011  
Nov. 5, 2011      Dec. 10, 2011

Jan. 14, 2012      Feb. 11, 2012  
March 10, 2012      April 14, 2012  
May 19, 2012      June 9, 2012  
Aug. 11, 2012      Sept. 8, 2012  
Oct. 13, 2012      Nov. 10, 2012  
Dec. 8, 2012

**PRE CANA ORLANDO AREA**

To register call (407) 246-4865

3 Evening Program at the Diocesan Chancery building from 6:00 – 9:00 PM

June 8, 15, 22, 2011 (Wednesdays)  
September 8, 15, 22, 2011 (Thursdays)  
February 9, 16, 23, 2012 (Thursdays)  
May 17, 24,31, 2012 (Thursdays)  
August 16, 23, 30, 2012 (Thursdays)

**REMARRIAGE**

To register call (407) 246-4865

Aug. 20, 2011      Nov. 5, 2011  
Jan. 14, 2012      April 14, 2012  
Aug. 11, 2012      Nov. 10, 2012

**STEPFAMILY WORKSHOPS**

To register call Digna (407) 246-4882

The Stepfamily Workshop can be scheduled in your area, for information contact Digna at (407) 246-4882 or [dmontanez@orlandodiocese.org](mailto:dmontanez@orlandodiocese.org)

August 27, 2011